

NUTRITION & ALLERGENS



Dining Services is dedicated to supplying the university community with daily menus that constantly change, adding new and interesting items and specials. We believe in offering a diverse range of menu options for all our guests. No matter what your lifestyle or food preferences are, we are committed to meeting those nutritional needs. At all times, Dining Services is committed to transparency in our menus and offering nutrition information for the menu items served in the dining centers.



DIETITIANS ON STAFF

You can contact our registered dietitians with any questions and concerns at yes@vt.edu.



OPTIONS FOR ALLERGIES & DIETARY PREFERENCES

We have a wide variety of on-campus options!



INTERACTIVE MENUS ONLINE & ON THE HOKIE DINING APP

These menus allow you to search for allergens, dietary preferences, and favorite foods.





INTERACTIVE MENU

We locate nutrient information on hundreds of products via manufacturers, the USDA database, and package labels for foods served all over campus. Using this information, we are able to create an interactive menu webpage with nutrition information generated by a computer system to analyze each recipe on our menus. This enables us to give you the most accurate information possible. When changes take place, the nutrition information is updated on the computer system, which immediately updates the webpage.

Through this interactive menu, you can find **nutrition facts, ingredient lists**, as well as **allergens**. There is also an allergen and ingredient filter where you can search for menu items that contain the top nine allergens, gluten, as well as three ingredients of your choice. Guests can also filter for menu items that are vegan, vegetarian, or contain halal certified meat.

The **Hokie Dining app** - available for Apple and Android - is a mirror image of the dining services interactive webpage and displays all the same ingredient, nutrition, and allergen information.

Find a **tutorial** of how to navigate our menu on our website or YouTube page!

ADDITIONAL RESOURCES

If you're looking for reliable nutrition websites, we have many on our nutrition web page under "Y.E.S. - You're Eating (and Living) Smarter." These websites have trustworthy information on general nutrition, vegetarianism, special dietary needs, eating disorders, and sports nutrition.

